



PRINCESS MHOON

Award Winning Choreographer & Director

Princess Mhoon is a choreographer, producer, educator, and scholar recognized in 2015 by HUFFINGTON POST as one of 26 Female Choreographers "You Should Know" and Dance Magazine's 2006 "Top 25 to Watch" in the world for the Women's Choreography Project titled This Woman's Work. Mhoon is a second generation artist and entrepreneur who has set her sights on enhancing the artistic landscape of the Nation's Capitol. In 2016 she was invited to participate as one of the region's leading dance leaders by First Lady Michelle Obama during her Celebration of Black Women in Dance; she also served as a panelist for The White House Initiative on Educational Excellence for African Americans during Women's History Month and acknowledged by the administration as Black Girl Change Maker.

Mhoon is also a 2015 Helen Hayes Award Nominee for Best Choreography in a Musical, a Helen Hayes winner for Best Musical, and one of 37 International artists invited to Lusaka, Zambia for solo performance and master classes at the 2015 Barefeet Theatre Festival for vulnerable youth sponsored by UNICEF. She is also a 2016 class member of Leadership Greater Washington (www.lgw.dc.org).

With work commissioned by the Kennedy Center for the Performing Arts and the DC Jazz Festival, Princess Mhoon has been called "A visionary of her generation." She is the Founder and Director of the Princess Mhoon Dance Institute with locations in DC and Maryland. Mhoon has served on faculty at Howard University, where she received a Bachelor of Fine Arts degree in Dance and a Master of Arts degree in Public History. Her research focuses on Dance History and the African-American experience in dance. In 2015, she was awarded the Owen Dodson DISTINGUISHED ALUMNI award from her Alma Mater.

A native of Chicago, Illinois, she began her training with Alyo Children's Dance Theatre, Joseph Holmes Dance Studio, and Muntu Dance Theatre of Chicago. Mhoon Cooper has received numerous awards and scholarships for her excellence in dance, including recognition from the American Dance Festival, Dance Magazine, Howard University, Career Transitions for Dancers, and the Kennedy Center for the Performing Arts. She has performed and toured with the world renowned Ronald K. Brown/Evidence Dance Company, Rennie Harris Puremovement, The Chuck Davis African American Dance Ensemble, Nathan Trice Rituals, and Deeply Rooted Productions. She is the founder of DANCING FEET, an integrated arts program that includes classes and workshops for schools and outreach institutions.

www.princessmhoondance.com