

# Curriculum Vitae



## PRINCESS MHOON

DANCE

PROGRAMMING. PERFORMANCE. RESEARCH.

@PRINCESSMHOON



### WASHINGTON, DC & MARYLAND

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### CHICAGO

3420 S. Cottage Grove, Unit 405  
Chicago, Illinois 60616

## PROFILE

I am a leader in the field of dance of with over 20 years of experience and a proven track record of success. My expertise includes, but is not limited to: developing institutions and programs, producing, directing, choreographing, performing, researching, writing and arts management consulting.

## CORE COMPETANCIES

### Communication

Excellent Oral Communication Skills  
Excellent Written Communication Skills  
Journal & Scholarly Writing  
Collaboration & Support  
Effective Listener  
Public Speaking  
Negotiations  
Networking

### Creativity

Virtual Content Creation  
Producer, Director & Choreographer  
Documentary Production & Direction  
Program Design & Implementation  
Branding & Graphic Design  
Digital Marketing Strategy  
Audience Development  
Fundraising

### Critical Thinking

Strategic Planning  
Project Management  
Budget Management  
Workflow Automation  
Problem Solving  
Crisis Management  
Mediation  
Resilience

## EDUCATION

### 2006

M.A. Public History  
Howard University Graduate School  
Washington, DC  
Dance History Research Focus

### 1998

B.F.A. Dance  
Howard University College of Fine Arts  
Washington, DC  
Education/Human Development – Minor Area of Study

## EMPLOYMENT HISTORY

2010–Present

**Founder & CEO**

Princess Mhoon Dance Institute  
Washington, DC

2020

**Adjunct Faculty, Dance**

American University  
Washington, DC

2010–2020

**Program Director**

Dancing Feet Outreach Program  
Washington, DC & Maryland

2005–2007

**Adjunct Professor, Dance and Musical Theatre**

Howard University Department of Theatre Arts  
Washington, DC

2006–2018

**Senior Faculty**

Earl Mosely's Institute for the Arts  
Kent, Connecticut

2003–2007

**Co-Director & Co-Curator**

This Woman's Work Choreographic Development Project  
New York, NY & Washington, DC

2003–2005

**Historian & Program Coordinator**

Frederick Douglass National Historic Site  
Washington, DC

2000–2004

**Arts Education Specialists & Senior Faculty**

Education in Dance and the Related Arts  
New York, New York

1991–2001

**Performing Artist/Teaching Artist**

Ronald K. Brown/Evidence Dance Company  
Brooklyn, New York

2000

**Performing Artist/Teaching Artist**

Creative Outlet Dance Theatre  
Brooklyn, New York

1998–1999

**Performing Artist/Teaching Artist**

African American Dance Ensemble  
Durham, North Carolina

1997–2007

**Performing Artist**

Rennie Harris Puremovement  
Philadelphia, Pennsylvania

2004

**Performing Artist**

Deeply Rooted Dance Company  
Chicago, Illinois

1999–2003

**Performing Artist**

Nathan Trice/Rituals Dance Company  
New York, New York

1995–1998

**Production Assistant**

Cramton Auditorium  
Washington, DC

1996–1998

**Arts Administrator & Studio Manager**

Washington Ballet  
Washington, DC

1989–1994

**Performing Artist**

Muntu Dance Theatre Dance Africa  
Chicago Chicago, Illinois

1985–1990

**Performing Artist**

Alyo Children's Dance Theatre  
Chicago, Illinois

## PRODUCER & ARTISTIC DIRECTOR

2020–2021

### **TEN: A Decade of Dance in the Nation's Capital**

Historical Docuseries

Digital Platform: YOUTUBE (Princess Mhoon Dance Institute Channel)

2019

### **DRUM: Heartbeat of Humanity**

Montgomery College Cultural Arts Center

Silver Spring, Maryland

2018

### **Politics & Protest: A Dancer's Revolt**

Duke Ellington School of the Arts

Washington, DC

### **Spring Ballet Showcase**

Montgomery College Cultural Arts Center

Silver Spring, Maryland

2017

### **The Ginger Bread House Holiday Concert**

Capital City Theatre

Washington, DC

2016

### **A Classical Charlie Brown Holiday**

Takoma Park Theatre

Takoma Park, Maryland

### **An Evening with Joshua Mhoon & Princess Mhoon Dancers**

Classical Piano & Dance Concert

Princess Mhoon Dance Institute

Silver Spring, Maryland

2015

### **Masters of Dance: Celebrating the Legends**

Princess Mhoon Dance Institute

Montgomery College Cultural Arts Center

Silver Spring, Maryland

### **5 Year Anniversary & Snow Ball**

Princess Mhoon Dance Institute

Silver Spring, Maryland

2014

### **Godfather & The Queen**

Princess Mhoon Dance Institute

Montgomery College Cultural Arts Center

Silver Spring, Maryland

### **PMDI Mini Movers Showcase**

Princess Mhoon Dance Institute

Silver Spring, Maryland

2013

### **Lifting Spirits: Eric Roberson & Princess Mhoon**

Princess Mhoon Dance Institute

Civic Center

Silver Spring, Maryland

### **Backstreets of Broadway**

Princess Mhoon Dance Institute

Montgomery College Cultural Arts Center

Silver Spring, Maryland

2012

The Music of Michael

Princess Mhoon Dance Institute

Montgomery College Cultural Arts Center

Silver Spring, Maryland

2011

### **The Firey Birds**

Princess Mhoon Dance Institute

Montgomery College Cultural Arts Center

Silver Spring, Maryland

2007

### **This Woman's Work: Choreographic Development Project**

Ailey Citigroup Theatre

New York, NY

2006

### **This Woman's Work: Choreographic Development Project**

Ira Aldridge Theatre

Washington, DC

2005

### **This Woman's Work: Choreographic Development Project**

Aaron Davis Hall/Harlem Stage

New York, NY

2003

### **This Woman's Work: Choreographic Development Project**

Merce Cunningham Theatre

New York, NY

## INVITED GUEST, DIRECTOR, CHOREOGRAPHER & PERFORMANCES

2021

**Guest Choreographer**  
**Presidential Inauguration Gospel Concert**  
Washington, DC

2020

**Guest Choreographer**  
**A Day of Remembrance: COVID-19**  
DC Jazz Festival Virtual Concert

**Guest Choreographer**

**GO GO AWARDS**  
Don't Mute DC @ The Howard Theatre

2019

**Choreography Commission: IN JAZZ WE TRUST**  
**Tribute to Quincy Jones & Nancy Wilson**  
DC JAZZ Festival & The Kennedy Center for the Performing Arts  
Washington, DC

**Guest Choreographer**

**180th Anniversary of Historic African American Church**  
**Metropolitan A.M.E Church**  
Washington, DC

2017

**Choreography Commission: IN JAZZ WE TRUST**  
**Tribute to Dizzy Gillespie**  
DC JAZZ Festival & Dance Place  
Washington, DC

**Guest Choreographer**

**BOLO Concert**  
Kankouran West African Dance Company

**Guest Choreographer & Performance**

**The Society & Links for Washington, DC & Virginia**  
The Kennedy Center for the Performing Arts

**Guest Livestream & CNN Performance**

**A Celebration of Black Women in Dance**  
The White House, Obama Administration

2016

**Director & Choreographer**  
**Black Nativity by Langston Hughes**  
Theatre Alliance  
Washington, DC

**DC Guest Choreographer**

**Hill Harper & Manifest Your Destiny Foundation Presents:**  
**Dancing with the Stars DC**  
The Howard Theatre

**Guest Choreographer**

**Hill Dance Academy Theatre of Pittsburgh**  
Pittsburgh, Pennsylvania

2015

**One Woman Show: THE MOON SHOW**  
**U.S. Delegate: 1 of 37 International Artists**  
Barefeet Theatre Festival  
Lusaka, Zambia

**Choreography Commission: IN JAZZ WE TRUST**  
DC JAZZ Festival  
Washington, DC

**Choreographer**

**Black Nativity by Langston Hughes**  
Theatre Alliance  
Washington, DC

**Guest Choreographer & Soloist**

**Discovery Channel Corporation**  
Silver Spring, Maryland

**Guest Choreographer**

**Earl Mosely's Institute of the Arts**  
Kent, Connecticut

**Guest Choreographer**

**National Congress of Black Women Awards**  
**Ceremony**  
Washington, DC

**Choreography Commission**

**The Kennedy Center for the Performing Arts**  
Royal Movement: The Princess Mhoon Dance  
Company

2014

**Guest Choreographer**

**DC Commission on the Arts & Humanities**  
Tribute to James Baldwin  
Arena Stage & Lincoln Theatre  
Washington, DC

**Guest Choreographer**

**Earl Mosely's Institute of the Arts**  
Kent, Connecticut

INVITED GUEST, DIRECTOR, CHOREOGRAPHER & PERFORMANCES CONTINUED

2013

**Guest Choreographer**  
**DC Commission on the Arts & Humanities**  
Tribute to DC Poet Laureate  
DC Commission Gallery  
Washington, DC

**Choreographer**  
**Sojourner The Musical @ THE ARC**  
Washington, DC

**Guest Performers**  
**Cherry Blossom Parade**  
Washington, DC

2012

**Choreographer**  
**Passing Strange The Musical**  
Howard University  
Washington, DC

2011

**Guest Soloist**  
**Black Movements Dance Theatre**  
Georgetown University  
Washington, DC

2011

**Guest Soloist**  
**DC Department of Recreation**  
Washington, DC

**Guest Soloist**  
**Black Nativity**  
Jomandi Productions  
Atlanta, Georgia

2007

**Choreographer**  
**A Chorus Line The Musical**  
Howard University  
Washington, DC

2005

**Choreographer & Soloist**  
**Princess Mhoon Productions**  
Osaka, Japan

2003

**Performer**  
**Grammy Nominated Recording Artist Ashanti**

2001

**Performer**  
**Grammy Nominated Recording Artist Wayne Wonder**

1998

**Guest Soloist**  
**Muntu Dance Theatre**  
Dance Africa Chicago  
Chicago, Illinois

**Lead: Mary**

**Black Nativity**  
Lincoln Theatre  
Washington, DC

1997

**Performer: Presidential Inauguration Performance**  
**"King" the Musical, Chorus**  
Choreographer: George Faison  
Washington, DC

2021

**Performing Arts Readiness Guest Speaker & Panelist: Emergency & Succession Planning**  
International Association of Blacks in Dance 30th Anniversary

**Special Guest & Event Host**

Black Dance Stories

2020

**Editorial Writer**

Black Dance Magazine

**Performing Arts Readiness Guest Speaker & Panelist: Emergency & Succession Planning**

International Association of Blacks in Dance Conference & The Kennedy Center for the Performing Arts

2019

**Arts Leader Guest Speaker & Panelist**

Entertainment Day with Leadership Greater Washington

**Black Dance Performer & Scholar**

BBC Podcast & If My History Books Were Black with Naomi Beckwith

2018

**Princess Mhoon, Special Guest**

Leadership Insights Podcasts by Incite International

**Comcast Newsmakers Television Episode**

featuring Princess Mhoon

2017

**Princess Mhoon Dance Institute Feature**

**Chasing Light Coffee Table Book**

Michelle Obama: Through the Lens of a White House Photographer

**Special Guest**

The History of Jazz Dance In America & DC Jazz Festival  
with Princess Mhoon, Choreographer & Sunny Sumter of DC Jazz Festival  
DCTV

2014 (Winter)

**DC Charter Schools Magazine, Contributing Writer**

A Summer Chartered for Success: Creating Synergy Between the Brain & The Body  
The Power of Movement: Bringing Dance to the Classroom

**FOX 5 News**

**Television Interview & Dance Demonstration**

Adesola Osakalumi (Fela on Broadway) & Princess Mhoon

2011

**Washington FAMILY Magazine, Contributing Writer**

The Benefits of Dance as Body Conditioning

2005

**Scholar & Contributing Writer**

African American National Biography  
Henry Louise Gates, Editor in Chief

## AWARDS & HONORS

2021

**Pillar of the DC Dance Community**

Washington, Mayor's Office

2020

**Best Dance Company**

Best of Silver Spring

2016, 2017, 2018

**Best Dance Company**

THE BEST OF DC, Washington City Paper Reader's Choice

Princess Mhoon Dance Institute, Director

2017

DCMetro

**#10: Best Direction in Musicals**

**TheaterArts' Best of 2016: Princess Mhoon**

Black Nativity at Theater Alliance

DCMetro Theater Arts

2016

**White House Honoree**

**Princess Mhoon**

Black Girl Change Makers and Black Women Trailblazers

White House Initiative on African Americans in Education

2015

**White House Honoree**

**First Lady, Michelle Obama's**

**Celebration of Black Women in Dance**

featuring the Princess Mhoon Dance Institute

**Best Choreographer in a Musical Nominee/Best Musical Winner**

**Helen Hayes Awards**

Alliance Theatre Black Nativity Production

**Best Choreographers of the Region**

**Princess Mhoon**

DC Metro Theater Arts

**Top 26 African-American Women Choreographers You Should Know**

HUFFINGTON POST

2014

**Distinguished Alumni Award**

Howard University Department of Theatre Arts

2006

**"25 to Watch" in the Field of Dance**

**This Woman's Work Choreographic Development Project**

Dance Magazine

## GRANTS & FELLOWSHIP AWARDS

2020

**Theatre Washington COVID Relief Grant**  
**Washington DC Office of Television & Film Project Sponsorship**  
**Barclays Small Business Grant**  
**International Association of Blacks in Dance Grant**  
**The Society of Montgomery Country Arts Grant**  
**DC Commission on the Arts & Humanities Grant Recipient**

2019

**Performing Arts Readiness Grant: Emergency Planning & Succession Planning**  
**Washington DC Office of Television & Film Project Sponsorship**

2018

**DC Commission on the Arts & Humanities Grant Recipient**

2016

**WGL Energies GO GREEN Award**  
**Leadership Greater Washington Member Fellowship**

2013

**DC Commission on the Arts & Humanities Grant Recipient**

2007

**The Kennedy Center for the Performing Arts**  
**Dance Commissioning Project Grant Recipient**

2007

**DC Commission on the Arts & Humanities Grant Recipient**

2005

**Howard University, Department of History Grant Recipient**

2004

**Career Transitions for Dancers Grant Recipient**

1998

**American Dance Festival Scholarship Recipient**



## BOARD AFFILIATIONS & COMMITTEES

### **2020–Present**

Black Dance Magazine  
National Publication

### **2010–Present**

Aspen Arts Foundation  
Washington, DC

### **2010–Present**

Princess Mhoon Dance Institute  
Washington, DC

### **2018–2020**

Girls on the Run  
Washington, DC

### **2005–2007**

Howard University Department of Theatre Arts  
Alumni Relations Committee  
Drama Desk Newsletter Committee  
Faculty/Student Advisory Committee  
Owen Dodson Awards Committee

## PROFESSIONAL ASSOCIATIONS & MEMBERSHIPS

### **2016–Present**

Leadership Greater Washington Class of 2016  
Core Values: Leadership, Regional Collaboration, Diversity  
Washington DC

### **2016–Present**

NMAAH Ambassador  
Smithsonian National Museum of African American History & Culture

### **1994–Present**

International Association of Blacks in Dance  
Washington, DC

### **2013–2020**

Twelve Days of Christmas, Incorporated  
Disadvantaged Youth Service Organization  
Executive Board (2013)  
Marketing & PR (2015–2016)  
Washington, DC

## MAJOR RESEARCH INTERESTS

Dance History  
Theatre History  
The African-American Tradition in Dance  
African American History  
Dance as Protest in the United States  
African Culture & Dance Traditions  
Women's History  
The Anatomy of Dance  
Leadership  
Entrepreneurship

## REFERENCES

### **Natalie Moore**

Author & Journalist  
312.286.9873  
nataliemchicago@gmail.com

### **Denise Saunders Thompson**

International Association of Blacks in Dance  
202.345.6887  
denise@iabdassociation.org

### **Regina Perry-Carr**

Muntu Dance Theatre  
708-869-0004  
regina@muntu.com